

## Resident Well being support service

HTC Big Local & Sycamore Counselling have teamed up to offer residents telephone supports sessions with a qualified therapist.

If you are struggling, you don't have to face it alone. Someone to talk it through with is only a phone call away.

Call 07388 867191 to book an appointment.

Stress

Fearful

Anxiety

Vulnerable

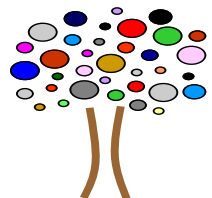


Alone

Helpless

Worry

Loss



**WARWICKSHIRE COUNSELLING CENTRE**  
Trading as

**Sycamore Counselling Service**